

CAUSA POSSIBILI VARIAZIONI di PROGRAMMA
 SI CONSIGLIA LA PRENOTAZIONE ANTICIPATA - GRAZIE!



DICEMBRE

01-dic	Dom	靈氣	REIKI 10.00-12.30 / 14.30-17.45	靈氣
02-dic	Lun		Pilates h.19.00-20.00/PNF Online h.20.00-21.30	
03-dic	Mar		Yoga h.10.0-11.00/h.18.30-19.30/h.20.00-21.00/PNF Online h.20.00-21.30	
04-dic	Mer		Yoga h.19.00-20.00	
05-dic	Gio		Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00	
06-dic	Ven			
07-dic	Sab			
08-dic	Dom			
09-dic	Lun		Pilates h.19.00-20.00/PNF Online h.20.00-21.30	
10-dic	Mar		Yoga h.10.0-11.00/h.18.30-19.30/h.20.00-21.00/PNF Online h.20.00-21.30	
11-dic	Mer		Yoga h.19.00-20.00	
12-dic	Gio		Yoga h. 18.30-19.30 / Pilates h. 20.00 - 21.00	
13-dic	Ven			
14-dic	Sab		Yoga Insegnanti h.09.00-17.00 Teatro Terapia h. 15.00-17.00	
15-dic	Dom		Reiki III° Livello h. 10.00-12.30 Yoga Insegnanti h.09.00-17.00	
16-dic	Lun		Pilates h.19.00-20.00	
17-dic	Mar		Yoga h.10.0-11.00/h.18.30-19.30/h.20.00-21.00	
18-dic	Mer		Yoga h.19.00-20.00	
19-dic	Gio			
20-dic	Ven			
21-dic	Sab			
22-dic	Dom			
23-dic	Lun			
24-dic	Mar			
25-dic	Mer			
26-dic	Gio			
27-dic	Ven			
28-dic	Sab			
29-dic	Dom			
30-dic	Lun			
31-dic	Mar			

**BUONE
FESTE**

